Walk to School Day
Next Friday 23rd May is National Walk to School Day. Parents and carers can get involved on the day by simply walking from home to school with your children or walk them to the school bus. If you have to drive, park the car a short distance away from the school/bus and walk the rest of the way. Now in its 15th year, this important community initiative aims to raise awareness of the health, road safety, transport and environmental benefits that regular walking (especially to, during and from school) can provide for the long term health of our children.

Too Sick for School?
As the cold weather hits, so do the winter bugs. It's often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice. School A to Z and NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick children need to miss school. Find it by typing this link into your web browser www.bit.ly/1hytn2E.

SRPSSA Athletics Carnival
Congratulations Mitchell and our Relay team on making it to the next level for athletics. (Mitchell will compete in high jump.) The SRPSSA Carnival will be held at Alexandra Park on Thursday 5th June.

Home Learning & Home Readers
A reminder that Home Learning books are sent home on Monday and are to be returned on Friday for marking.

Home reading is an integral part of our Literacy program. It provides students with the opportunity to practise skills they have learnt at school such as breaking up words,
interpreting illustrations, making links with what they already know and comprehending what they have read. Oral reading is a great way to develop fluency and expression. Your support in promoting the Home Reading Program at home is greatly appreciated.

Overview—Years 3-6
English—students are doing a unit on Refugees. They will be reading a variety of books and viewing digital media relating to the theme.

Science and Technology—Climate Clever—looking at ways they can become better users of energy.

HSIE—Botswana—this is our country of study with the CWA. Our study will focus on the life and cultural aspects of Botswana.

Overview—K-3
English—In our English unit “Come on Rain” students will be engaged in developing reading, writing, speaking and listening skills.

COGS—Ready Set Go! - Looking at energy sources, how we move and how machines move. In this unit we will also be looking at transport, types of transport, how we use it, the benefits and problems associated with it.

Cooking
A reminder cooking is starting tomorrow. Students will be making Sausage and Bean Hot Pot and Apple Betty with Beck. Please remember your $2.00 payment per week or $12.00 for the term.

Parent Roster—Cooking
Friday 16th May—Beck
Friday 23rd May—Cathy
Friday 30th May—Angie
Friday 6th June—Beck
Friday 13th June—Olivia
Friday 20th June—Angie

Thank you so much ladies. Your assistance is greatly appreciated—especially by the children!

Book Learning Award
Jack was selected for “taking care to produce neat writing”.

Student of the Week
Edward was chosen Student of the Week for always trying his hardest and focusing on his learning at all times.

Raffle Ticket Award
Flynn received the Raffle Ticket award for excellent iPad learning.

Term Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>Tuesday 27th May</td>
<td>SRPSSA Cross Country for selected students</td>
</tr>
<tr>
<td>Wednesday 28th May</td>
<td>Year 6 GRIP Leadership—Albury</td>
</tr>
<tr>
<td>Thursday 5th June</td>
<td>SRPSSA Athletics Carnival for selected students</td>
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**Sausage & Bean Hot Pot**

*Ingredients*

- 500g thin beef sausages
- 1 tablsp tomato paste
- 1 teasp oil
- 410g can crushed tomatoes
- 1 onion, sliced
- 1 tblsp chopped fresh parsley
- 2 tblsp plain flour
- 1 teasp pepper
- 1 beef stock cube, crumbled
- 1 tblsp chopped parsley, extra
- 1 cup water
- 440g can baked beans

*Method*

Heat oil in a pan. Add sausages, cook until well browned all over, drain on absorbent paper.
Add onion to same pan, cook, stirring until onion is soft.
Add flour, cook stirring for 1 minute. Add stock cube and water, stir until mixture boils and thickens slightly.
Cut sausages in half (or smaller if desired), add to pan with undrained beans, paste, undrained tomatoes, parsley and pepper. Stir until heated through.
Serve sprinkled with extra parsley.

AWW Quick-Cook Book

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**Apple Betty**

*Ingredients*

- 2 x 410g can pie apples
- 5 slices fruit bread
- 400g soft butter
- 2 teasp cinnamon sugar

*Method*

Preheat oven to 180°C.
Spread pie apple over base of 6 cup ovenproof dish.
Cut crusts from bread. Spread both sides with butter. Sprinkle one side with cinnamon sugar.
Cut bread into cubes and arrange over apple.
Bake 25 minutes or until golden.

Family Circle Quick short Recipe Cookbook